

LUNEDI			MARTEDI'			MERCOLEDI'			GIOVEDI'			VENERDI		
Sala 1	Sala 2	Sala 3	Sala 1	Sala 2	Sala 3	Sala 1	Sala 2	Sala 3	Sala 1	Sala 2	Sala 3	Sala 1	Sala 2	Sala 3
16.15-17.00 Baby AcroGym	16.00-17.00 ACRO 1				15.30-16.25 G.M. PILATES Minigroup						15.30-16.25 G.M. PILATES Minigroup			
17.00-18.00 ACRO 1 e 2		17.00-18.00 PERSONAL TRAINING	16.30-18.00 ACRO 2			16.30-17.30 ACRO 1			16.30-18.00 ACRO 2			16.30-17.30 ACROGYM BASE mono	16.45-17.30 Baby Karate	16.30-18.00 DANZA MODERNA
18.00-19.00 KARATE RAGAZZI marroni/nere	18.15-19.05 G.M. PILATES Minigroup		18.00-19.00 JUDO 1	18.10-18.55 ELASTIC G.A.G.	18.15-19.10 G.M. PILATES Minigroup	17.30-18.30 JUNIOR KARATE 1 (bia/gia/ara) 7-10		17.40-18.30 PILATES MATWORK	18.00-19.00 JUDO 1	18.10-18.55 STRONG BOXE TRAINING	18.00-18.55 G.M. PILATES Minigroup	17.30-18.30 JUNIOR KARATE 1 (bia/gia/ara) 7-10		18.00-18.55 G.M. PILATES Minigroup
19.00-20.30 MARR/NERE AGONISTI dai 15 anni	19.15-20.10 G.M. PILATES Minigroup		19.00-20.00 JUDO 2	19.00-19.45 CIRCUIT TRAINING	19.15-20.10 G.M. PILATES Minigroup	18.30-19.30 JUNIOR KARATE 2 (ara/ver/blu) 11-15		18.30-19.25 G.M. PILATES Minigroup	19.00-20.00 JUDO 2	19.00-19.45 AEROBIC STEPFIT	19.00-19.55 G.M. PILATES Minigroup	18.30-19.30 JUNIOR KARATE 2 (ara/ver/blu) 11-15		19.00-19.55 G.M. PILATES PRIVATA
20.30-21.30 KARATE ADULTI AMATORI (colorate e nere)	20.15-21.10 G.M. PILATES Minigroup		20.00-21.00 NUOVI BIANCHE ADULTI	19.50-20.35 SEDIA POWER FIT	20.15-21.10 Pilates Valutazioni	19.30-21.00 MARR/NERE AGONISTI dai 15 anni			20.00-21.30 DIFESA PERSONALE Body Mind	19.50-20.35 CIRCUIT TRAINING	20.00-20.55 G.M. PILATES Minigroup	19.30-20.30 KARATE RAGAZZI marroni/nere		20.00-20.50 Valutazioni e private G.M.P
			21.00-22.00 BALLI LATINI	21.00-22.00 BALLI LATINI						21.00-22.00 BALLI LATINI		20.30-21.30 KARATE ADULTI AMATORI (colorate e nere)		
			22.00-23.00 BALLI LATINI	22.00-23.00 BALLI LATINI						22.00-23.00 BALLI LATINI				